

BULLET JOURNAL



Creative design workshop

The Bullet Journal workshop presents a simple yet extremely effective method that helps you organize your daily life while also giving space to creativity. Based on the concept of mindfulness, this journaling and planning system supports conscious living, habit formation, and mental rejuvenation. Customizable, creative elements help you slow down, focus, and reconnect with yourself. If requested, we also provide a basic Bullet Journal kit for the workshop so that participants can immediately start developing their own system.

Csatlakozz a tréningünkhöz, és alkossatok közösen valami különlegeset.

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